



Stage 1 104 Mile Bike Turn by Turn Directions

MILE	TURN or DIRECTIONS
0.0	RESTROOM at Transition T2
0.0	Exit Transition following driveway to exit park.
0.1	Head southeast on State Hwy 44 (W. Fort Island Trail)
9.00	Cross US-19/Hwy 44 (N Suncoast Blvd) and turn LEFT onto bike trail
9.59	Turn RIGHT onto SE 5th Terrace (semi-abandoned shopping ctr.)
9.72	Turn LEFT onto SE 7th Ave (DAV on corner)
9.8	UNSTAFFED SAG at Legrone Park, with water fountain, restrooms (restroom is unmarked bldg. behind bike rack next to
10.23	Turn RIGHT onto FL-44 E (NE 5th St) Continue to follow FL-44 E (Gulf to Lake Hwy)
17.32	Town of Lecanto
17.32	Turn RIGHT heading south onto County Rd 491 (S. Lecanto Hwy)
18.4	SAG at MGC Environmental Consultants, 2716 S. Lecanto Hwy, water, snacks, Portapotty
20.0-40.0	Plan ahead. There is nothing - absolutely nothing. Enjoy the countryside.
21.0	Road curves left. Continue southeast on County Rd 491 (S. Lecanto Hwy)
23.0	Road curves right heading south. Continue southeast on County Rd 491 (S. Lecanto Hwy)
29.62	Turn LEFT heading east onto County Rd 480 (W Stage Coach Trail)
31.7	UNSTAFFED WATER STOP/ SAG Withlacoochee State Forest across from Trail 13 Entrance, Water only, no restroom
35.27	Turn LEFT heading north on Cty Rd 581 (S Pleasant Grove Rd)
35.34	Turn RIGHT heading northeast onto Cty Rd 480 (E Stage Coach Trail)
39.08	Head northeast on Cty Rd 480 {E Stage Coach Trail}
39.58	Sharp RIGHT (hairpin) onto US 41 (S Florida Ave)
40.0	Turn LEFT onto E Floral Park Dr
40.15	Floral Park has a restroom, but not necessarily close to Park entrance
40.73	Turn RIGHT heading northwest onto Florida Trail/Withlacoochee State Trail
42.5	SAG at Floral City Trailhead with water, snacks and restrooms
	Continue north on Florida Trail/Withlacoochee State Trail
49.5	Super SAG at Inverness Trailhead, Apopka Ave.: Food, Water, snacks and restrooms
	Continue on Florida Trail/Withlacoochee State Trail
54.5	Follow signs to left or right to cross Cty Hwy {Norvell Bryant Hwy) and continue heading north on Florida Trail/Withlacoochee State Trail

MILE	TURN or DIRECTIONS
60.1	SAG at Hernando Trailhead (at Cty Rd 491, N. Lecanto Hwy) with water, snacks and restrooms
65.15 mi	Turn RIGHT leaving Withlacoochee Trail heading northeast onto N Haitian Dr.
65.5	(on Withlacoochee Trail, just past mile 65.2 turn) UNSTAFFED WATER STOP/ SAG/ Restrooms at Gulf Junction Trailhead
65.50	Turn RIGHT onto W G Martinelli Blvd
66.0	Turn LEFT onto US 41 (N Florida Ave)
66.6	Turn RIGHT heading east onto Florida Trail/Withlacoochee State Trail
66.66	Turn LEFT heading north onto Florida Trail/Withlacoochee State Trail
66.8	UNSTAFFED SAG at Dunnellon Trailhead (at Cty Rd 491, N. Lecanto Hwy) No facilities
67.6	Cross Withlacoochee River
68.6	Turn LEFT heading north onto San Jose Blvd
68.9	Turn RIGHT onto SW County Hwy 484 (E Pennsylvania Ave)
78.7	Cross Route 200 carefully.
78.8	SAG at Hernando Christian Life Assembly of God 9644 SW Hwy 484, Ocala, with water and snacks, no restrooms
80.5	Road curves right, continue of SW County Hwy 484, heading south
81.75	Turn LEFT, heading east onto Marion Oaks Trail
83.5	Turn RIGHT heading south onto Marion Oaks Pass
88.0	UNSTAFFED SAG at Pilot Travel Center, 2020SW Hwy 484, @ 1-75, food for purchase, restrooms
88.0	Cross under 1-75 carefully.
88.2	Turn RIGHT heading south onto SW 16th Ave
89.25	Curve LEFT onto County Rd 475A, SW 145th St (Charity Rd)
95.8	Turn RIGHT heading south onto SE 65th Ct
96.0	SE 65th Ct turns LEFT becoming SE 147 St (SE Sunset Harbor Rd), heading east
96.15	Cross US 3021 carefully, continuing east on SE 147 St (SE Sunset Harbor Rd)
99.4	Turn LEFT heading north onto SE 100th Ave
101.0	Turn RIGHT heading east onto SE 132nd Pl
102.5	Turn RIGHT heading south onto SE 115th Ave
102.55	Enter Carney Island Park, follow SE 115th Ave heading south and signs to boat ramp.
103.65	Pass entrance to Little Lake Weir on right; continue Lake Weir and boat ramp entrances on left.
103.75	Continue into parking lot and dismount bike before entering transition